



Model Curriculum

QP Name: Ayurveda evam Vanaushadhi Kanishtha Sahayak

आयुर्वेद एवं वनौषधि – कनिष्ठ सहायक

EDU/Q5001

QP Version: 1.0

NSQF Level: 2.5

Model Curriculum Version: 1.0

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Table of Contents

Training Parameters.....	3
Program Overview	4
Training Outcomes	4
Compulsory Modules	4
Module 1: Introduction to the skill india mission and role of Ayurveda evam Vanaushadhi Kanishtha Sahayak	6
Module 2: Introduction to Vedas and Upavedas	7
Module 3: History and traditions of Ayurveda	8
Module 4: Ayurvedic Daily Routine	9
Module 5: Ayurvedic Ritucharya.....	10
Module 6: Vanaushadhi Varga in Amarakosha	11
Module 7: Introduction to the some vedic medicinal plants.....	12
Module 8: Employability Skills (30 hours).....	13
Annexure	14
Trainer Requirements	14
Assessor Requirements	15
Assessment Strategy	17
References.....	18
Glossary	18
Acronyms and Abbreviations	20



Training Parameters

Sector	Educational
Sub-Sector	
Occupation	Ayurveda evam Vanaushadhi Kanishtha Sahayak
Country	India
NSQF Level	2.5
Aligned to NCO/ISCO/ISIC Code	NCO – 2351.9900
Minimum Educational Qualification and Experience	<ul style="list-style-type: none">• 8th Grade pass and pursuing continuous education.• 8th Grade pass with 1 year experience.• 9th Grade pass.• Basic knowledge of Ayurveda and Proficiency in reading and writing with five years' experience in relevant field and minimum age 15 years.
Pre-Requisite License or Training	NA
Minimum Job Entry Age	15
Last Reviewed On	23/06/2023
Next Review Date	23/06/2026
NSQC Approval Date	23/06/2023
QP Version	1.0
Model Curriculum Creation Date	23/06/2023
Model Curriculum Valid Up to Date	23/06/2026
Model Curriculum Version	1.0
Minimum Duration of the Course	240 Hours
Maximum Duration of the Course	240 Hours



Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- gain knowledge of Vedic Literature
- acquire basic knowledge of some medicinal plants
- Basic introduction of charaka Samhita, sushruta samhita and Ashtanga Hridaya with their Authors
- Concepts of dinacharya according to ayurveda
- Concepts of Ritucharya according to ayurveda
- Proper recitation and Kanthastheekaran of Vanaushadhi varga in Amarakosha
- Basic introduction of medicinal plants mentioned in four vedas.

Compulsory Modules

The table lists the modules and their duration corresponding to the Compulsory NOS of the QP.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
NOS Code-MSRVVP/AVK01 NOS Version- 1.0 NSQF Level-2.5	05:00	00:00	0:00	0:00	15:00 15:00
Module 1: Introduction to the skill india mission and role of Ayurveda evam Vanaushadhi Kanishtha Sahayak	5:00	0:00	0:00	00:00	
NOS Code- MSRVVP/AVK02 : Introduction to Vedas and Upavedas NOS Version- 1.0 NSQF Level-2.5	10:00	00:00	0:00	00:00	
Module 2: Introduction to Vedas and Upavedas	10:00	00:00	0:00	00:00	
NOS Code- MSRVVP/AVK03: History and tradition of Ayurveda NOS Version- 1.0 NSQF Level-2.5	05:00	05:00	05:00	0:00	15:00
Module 3: History and tradition of Ayurveda	05:00	05:00	05:00	00:00	15:00
NOS Code- MSRVVP/AVK04	10:00	15:00		00:00	30:00



: Ayurvedic daily routine NOS Version- 1.0 NSQF Level-2.5			05:00		
Module 4: Ayurvedic daily routine	10:00	15:00	05:00	00:00	30:00
NOS Code- MSRVVP/AVK05 : Ayurvedic Ritucharya NOS Version- 1.0 NSQF Level-2.5	20:00	35:00	05:00	00:00	60:00
Module 5 : Ayurvedic Ritucharya	20:00	35:00	05:00	00:00	60:00
NOS Code- MSRVVP/AVK06 : Vanaushadhi varga in Amarakosha NOS Version- 1.0 NSQF Level-2.5	10:00	15:00	05:00	00:00	30:00
Module 6: Vanaushadhi varga in Amarakosha	10:00	15:00	05:00	00:00	30:00
NOS Code- MSRVVP/AVK07 : Introduction to the vedic medicinal plants NOS Version- 1.0 NSQF Level-2.5	20:00	30:00	10:00	00:00	60:00
Module 7: Introduction to the vedic medicinal plants	20:00	30:00	10:00	00:00	60:00
NOS Code- MSRVVP/AVK08 : Employability Skills NOS Version- 1.0 NSQF Level-2.5	30:00	00:00	00:00	00:00	30:00
Module 8: Employability Skills	30:00	00:00	00:00	00:00	30:00
Total Duration	110:00	100:00	30:00	00:00	240:00



Module Details

Module 1: Introduction to the skill india mission and role of Ayurveda evam Vanaushadhi

Kanishtha Sahayak

Mapped to MSRVVP/AVK01, v.1

- Terminal Outcomes:

At the end of the training, participants will be able to:

- Discuss the role and responsibilities of Ayurveda evam Vanaushadhi Kanishtha Sahayak
- introducing the Ayurveda and vanaushadhi concepts to the students so that beginning will be made to provide skilled man power in the sector

Duration: 05:00	Duration: 00:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">Introduction to the skill india missionList the role and responsibilities of Ayurveda evam Vanaushadhi Kanishtha SahayakDiscuss the job opportunities of a Ayurveda evam Vanaushadhi Kanishtha Sahayak	
Classroom Aids:	
Whiteboard, marker pen, Computer, projector, Books	
Tools, Equipment and Other Requirements	



Module 2: Introduction to Vedas and Upavedas Mapped to MSRVVP/AVK02, V.1

Terminal Outcomes:

At the end of the training, participants will be able to:

- Explain the Vedas and their importance
- Explain the Upavedas and their importance
- Elaborate vedas
- Elaborate upavedas

Duration: 10:00	Duration: 00:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">• Discuss about Rigveda and its upaveda• Discuss about Yajurveda and its upaveda• Discuss about Samaveda and its upaveda• Discuss about Atharvaveda and its upaveda• Explain main subjects of Vedas	
Classroom Aids	
Whiteboard, marker pen, Computer, projector, Books	
Tools, Equipment and Other Requirements	



Module 3: History and traditions of Ayurveda

Mapped to MSRVVP/AVK03, v.1

Terminal Outcomes:

At the end of the training, participants will be able to:

- Know the importance of Ayurveda
- Know the History of Ayurveda
- Know the Main Texts of Ayurveda
- Know the Text writers of Ayurveda

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">● Gain knowledge in the history of ayurveda● Acquire some knowledge of texts of ayurveda● Explain the main subjects of ayurveda● Know the benefits of ayurveda● Know the scripts of Ayurveda● Know the authors of important texts of Ayurveda	
Classroom Aids	
Whiteboard, marker pen, Computer, projector, Books	
Tools, Equipment and Other Requirements	



Module 4: Ayurvedic Daily Routine

Mapped to MSRVVP/AVK04, v.1

Terminal Outcomes:

At the end of the training, participants will be able to:

- Explain daily life style according to ayurveda
- Apply daily life style described in ayurveda

Duration: 10:00	Duration: 15:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">• Know the importance of daily perfect lifestyle• Know the Good and bad daily exercises• Explain Rules of snana• Explain Rules of Bhojan• Explain the good practices• Describe the importance and uses of good speech• Explain rules of purification of human body• Explain Do's and Don'ts in daily life	<ul style="list-style-type: none">• Live daily life routine according to ayurveda (five days practice to live ayurveda routine)• Demonstrate do's and don'ts according to Ayurveda (Assignments about do's and don'ts)• Demonstrate the purification method
Classroom Aids:	
Whiteboard, marker pen, Computer , projector, Books	
Tools, Equipment and Other Requirements	



Module 5: Ayurvedic Ritucharya

Mapped to MSRVVP/AVK05, v.1

Terminal Outcomes:

At the end of the training, participants will be able to:

- Know the Do's and don'ts in different Ritus/Seasons
- Apply ritucharya in daily life

Duration: 20:00	Duration: 35:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">• Explain Do's and don'ts in Hemanta Ritu• Explain Do's and don'ts in Shishira Ritu• Explain Do's and don'ts in Vasanta Ritu• Explain Do's and don'ts in Greeshma Ritu• Explain Do's and don'ts in Varsha Ritu• Explain Do's and don'ts in Sharad Ritu	<ul style="list-style-type: none">• Demonstrate the seasonal routine in during the year• Practice the seasonal routine
Classroom Aids:	
Whiteboard, marker pen, Computer, projector, Books	
Tools, Equipment and Other Requirements	



Module 6: Vanaushadhi Varga in Amarakosha

Mapped to MSRVVP/AVK06, v.1

Terminal Outcomes:

At the end of the training, participants will be able to:

- Know the sanskrit shloka recitation rules and proper pronunciation.
- Properly Recitate the Vanaushadhi varga of amarakosha.
- Memorize the Names of Vanasushadhhis mentioned in vanaushadhi varga

Duration: 10:00	Duration: 15:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">• Memorize the first 77 shlokas of vanaushadhi varga• Pronounce the Sanskrit words properly• Pronounce the Shlokas correctly• Know the hundreds of names of Vanaspatis	Demonstration and identification of a few Medicinal plants mentioned in amarakosha Recitation of shlokas' identification of medicinal plants/herbs mentioned in amarakosha and available in homes
Classroom Aids:	
Whiteboard, marker pen, Computer, projector, Books	
Tools, Equipment and Other Requirements	



Module 7: Introduction to the some vedic medicinal plants

Mapped to MSRVVP/AVK07, v.1

Terminal Outcomes:

At the end of the training, participants will be able to:

- Know the names of some of vanaspatis mentioned in vedas

Duration: 20:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none">• Know the names of some of vanaspatis mentioned in rigveda• Know the names of some of vanaspatis mentioned in Yajurveda• Know the names of some of vanaspatis mentioned in Samaveda• Know the names of some of vanaspatis mentioned in Atharvaveda	<ul style="list-style-type: none">• Demonstrate the some of vanaspatis mentioned in vedas• Make a list of Vedic medicinal plants• Identify the name medicinal plants• identification of medicinal plants/herbs mentioned in vedas and used in vedic sanskaras
Classroom Aids:	
Whiteboard, marker pen, Computer, projector, Books	
Tools, Equipment and Other Requirements	



Module 8: Employability Skills (30 hours)

Mapped to MSRVVP/AVK08, v.1

Terminal Outcomes:

- Communicate effectively with team members, clients, vendors, visitors.
- Build personal and professional
- Digital and financial literacy which includes basic components of computer system and related concept, saving money, opening bank account and filing tax return

Duration: 30:00

Key Learning Outcomes

- Discuss the importance of Employability Skills in meeting the job requirements
- Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen.
- Show how to practice different environmentally sustainable practices
- Discuss 21st century skills.
- Display positive attitude, self -motivation, problem solving, time management skills and continuous learning mind set in different situations.
- Use appropriate basic English sentences/phrases while speaking
- Demonstrate how to communicate in a well -mannered way with others.
- Demonstrate working with others in a team
- Show how to conduct oneself appropriately with all genders and PwD
- Discuss the significance of reporting sexual harassment issues in time
- Discuss the significance of using financial products and services safely and securely.
- Explain the importance of managing expenses, income, and savings.
- Explain the significance of approaching the concerned authorities in time for any exploitation as per legal rights and laws
- Show how to operate digital devices and use the associated applications and features, safely and securely
- Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely
- Discuss the need for identifying opportunities for potential business, sources for arranging money and potential legal and financial challenges
- Differentiate between types of customers
- Explain the significance of identifying customer needs and addressing them
- Discuss the significance of maintaining hygiene and dressing appropriately
- Create a biodata
- Use various sources to search and apply for jobs
- Discuss the significance of dressing up neatly and maintaining hygiene for an interview
- Discuss how to search and register for apprenticeship opportunities.

Classroom Aids

white board, marker, Computer, projector, charts

Tools, Equipment and Other Requirements



Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Vedavibhushana / Moolanta / with knowledge of Ayurveda	Knowledge of Veda and Practice of ayurveda	2	Ayurveda Practice	NA	NA	NA
One year Certificate/Diploma in Ayurveda	Knowledge of Veda and Practice of ayurveda	2	Ayurveda Practice	NA	NA	NA
Bachelor's Degree in any related subjects of Veda with knowledge of Ayurveda	Knowledge of Veda and Practice of ayurveda	1	Ayurveda Practice	NA	NA	NA
Bachelor's Degree in Ayurveda with knowledge in any related subjects of veda	Knowledge of Veda and Practice of ayurveda	1	Ayurveda Practice	NA	NA	NA
Traditional Practitioner	Knowledge of Veda and Practice of ayurveda	10	Ayurveda Practice	NA	NA	NA



Trainer Certification

Domain Certification	Platform Certification
Certified for Job Role “Ayurveda evam Vanaushadhi Kanishtha Sahayak”, mapped to QP: “EDU/Q5001 v1.0”, Minimum accepted score is 80%	Recommended that the trainer is certified for the Job Role: “trainer (VET & Skills)” mapped to the qualification Pack: “MEP/Q2601, V2.0. The minimum accepted score is 80%.

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Vedavibhushana / Moolanta / with knowledge of Ayurveda	Knowledge of Veda and Practice of Ayurveda	3	Ayurveda Practice	1	Knowledge of Veda and Practice of ayurveda	NA
One year Certificate/Diploma in Ayurveda	Knowledge of Veda and Practice of Ayurveda	3	Ayurveda Practice	1	Knowledge of Veda and Practice of ayurveda	NA
Bachelor’s Degree in any related subjects of Veda with knowledge of Ayurveda	Knowledge of Veda and Practice of Ayurveda	2	Ayurveda Practice	1	Knowledge of Veda and Practice of ayurveda	NA
Bachelor’s Degree in Ayurveda with knowledge in any related subjects of veda	Knowledge of Veda and Practice of Ayurveda	2	Ayurveda Practice	1	Knowledge of Veda and Practice of ayurveda	NA



Assessor Certification	
Domain Certification	Platform Certification
Certified for Job Role “Ayurveda evam Vanaushadhi Kanishtha Sahayak”, mapped toQP: “EDU/Q5001 v1.0”, Minimum accepted score is 80%	Recommended that the Assessor is certified for the Job Role: “Assessor (VET & Skills)” mapped to the qualification Pack: “MEP/Q2601, V2.0. The minimum accepted score is 80%.

Tools and Equipments

LIST OF TOOLS & EQUIPMENT FOR EMPLOYABILITY SKILLS		
S No.	Name of the Equipment	Quantity
1.	Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed) (all software should either be latest version or one/two version below)	As required
2.	UPS	As required
3.	Scanner cum Printer	As required
4.	Computer Tables	As required
5.	Computer Chairs	As required
6.	LCD Projector	As required
7.	White Board 1200mm x 900mm	As required
8.	Telescope	As required
9.	Inch Tape (Measuring Tape)	As required
10.	Trowel (Khurpi)	As required
11.	Water can	As required



Assessment Strategy

- Assessment will be based on the concept of Independent Assessors empaneled with Maharshi Sandipani Rashtriya Veda Vidya Pratishthan (MSRVVP), identified, selected, trained and certified on Assessment techniques. These Assessors would be aligned to assess as per the laid down criteria.
- MSRVVP would conduct assessment only at the training centers or designated testing centers authorized by MSRVVP.
- Ideally, the assessment will be a continuous process comprising of two distinct steps:
 - A. Continuous assessment by Trainers
 - B. Term end /Final Assessment by MSRVVP
- Each National Occupational Standard (NOS) in the respective QPs will be assigned weightage. Each Performance Criteria in the NOS will be assigned marks for theory and/or practical based on relative importance and criticality of function.
- This will facilitate preparation of question bank / paper sets for each of the QPs. Each of these papers sets/question banks created by subject matter experts through MSRVVP, especially with regard to the practical test and the defined tolerances, finish, accuracy etc.
- The following tools are proposed to be used for final assessment:
 - i. Written Test: This will comprise of
 - (i) True/False Statements and/or
 - (ii) Multiple Choice Questions and/or
 - (iii) Matching Type Questions.
 - ii. Practical Test: This will comprise a test job to be prepared as per project briefing following appropriate working steps, using necessary tools, equipment and instruments. Through observation it will be possible to ascertain a candidate's aptitude, attention to details, quality consciousness etc.
 - iii. Structured Viva-voce: This tool will be used to assess the conceptual understanding and the behavioral aspects as regards the job role and the specific task at hand.



References

Glossary

Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform a similar/ related set of functions in an industry.
Job role	Job role defines a unique set of functions that together form a unique employment opportunity in an organization.
Occupational Standards (OS)	OS specifies the standards of performance an individual must achieve when carrying out a function in the workplace, together with the Knowledge and Understanding (KU) they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance Criteria (PC)	Performance Criteria (PC) are statements that together specify the standard of performance required when carrying out a task.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualification pack code.
Unit Code	Unit code is a unique identifier for an Occupational Standard, which is denoted by an 'N'
Unit Title	Unit title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.



Scope	Scope is a set of statements specifying the range of variables that an individual may have to deal with in carrying out the function which have a critical impact on quality of performance required.
Knowledge and Understanding (KU)	Knowledge and Understanding (KU) are statements which together specify the technical, generic, professional and organizational specific knowledge that an individual needs in order to perform to the required standard.
Organizational Context	Organizational context includes the way the organization is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical knowledge is the specific knowledge needed to accomplish specific designated responsibilities.
Core Skills/ Generic Skills (GS)	Core skills or Generic Skills (GS) are a group of skills that are the key to learning and working in today's world. These skills are typically needed in any work environment in today's world. These skills are typically needed in any work environment. In the context of the OS, these include communication related skills that are applicable to most job roles.
Electives	Electives are NOS/set of NOS that are identified by the sector as contributive to specialization in a job role. There may be multiple electives within a QP for each specialized job role. Trainees must select at least one elective for the successful completion of a QP with Electives.
Options	Options are NOS/set of NOS that are identified by the sector as additional skills. There may be multiple options within a QP. It is not mandatory to select any of the options to complete a QP with Options.



Acronyms and Abbreviations

Term	Description
NOS	National Occupational Standard (s)
NSQF	National Skills Qualifications Framework
OJT	On-the-job Training
QP	Qualifications Pack
PwD	People with Disability
PPE	Personal Protective Equipment
NCVET	National Council for Vocational Education and Training
NCO	National Classification of Occupations
NQR	National Qualification Register