# Imagination of international peace in Vedic education Dr. Chanda Kumari

Veda is the repository of knowledge par excellence- both physical and spiritual. In them is encoded Indian culture heritage of philosophical thoughts, ethical values, religious beliefs which is rich of which people can be proud of and which is also the essence of Vedantic religion.

The aim of my research paper is that Vedic education may guide the present world, and if we follow and apply their rules there will be no mental, social ,problem in our life . We will live together as friend not enemy. There will be no tension only peace and prosperity.

Vedic Rishi-s tried to preserve and serve the nature or world, natural phenomena and the humanity at every second. They were aware that all descriptions of the universe lead to logical paradox. In the Vedic world view the processes in the sky, on earth and within the mind are taken to be connected. Vedas speaks of the connection between the internal and external world.

As we are marching ahead in 21st century the humanity still stands at a crossroad. The future course of humankind is condemned to face a choice. One roads to lead to friendship and the other to strife, war and destruction. Man is shrinking everyday in his small periphery. His outlook is becoming narrower gradually. To fulfill the unlimited demand of modern lifestyle he always finds himself under stress or competition. He loses all kinds of joys of life and finally goes under depression. To rise above that gloominess he often runs after excitements, which obviously fails to show him right path or way. As we are looking often that people are in under frustration, unsetisfection and committing suicide one thing is famous in modern society "Aah". Even those who are not really depressed have a tendency to announce from rooftops that they are really depressed. Somehow it has become a fashionable word spoiling the good health of good human beings.

The real goal of life is not to grasp anyhow the earthly materialistic gains, but to enjoy the life with peace, health, happiness, goodness, joy and bliss. So if

we want to right kind of education, knowledge, and remove all our confusion then we should return inside of Vedas. Or we can say that right from the dawn of human civilization India has projected the lofty ideals of cosmic unity and universal brotherhood of the entire human kind. Putting forth the sublime vision of the whole world as one family "VasudhaivaKutumbakam" or "Sarvebhavantusukhinah". It is basic mantra of peace and universal unity.

Infact peace is more important in human life .vedic Rishi prays for peace, peace help to human achieve perfection. With peace of mind, body, and soul , man has a sense of fulfillment. The Ved mantra motivates a man to harmonise himself with the atmosphere in general and achieve peace. Absence of harmony spells disharmony and that is a precursor of agony. Disharmony causes pain whereas harmony makes life free from pain. An individual should gel with the enviorment. A mantra from the Atharvaveda lays down some guidelines to attain peace of mind and eventually that of the soul –

# हुमानि यानि पञ्चेन्द्रियाणि मनः षष्टानि हृदि ब्रह्मणा संशितानि । येरेव ससुजे घोरं तेरेव शान्तिरस्तु नः ॥

There is meaning that the five indriyas and their sixth companion, Manah which are the root cause of restlessness and resultant lack of peace in our heart, can be purified and sublimated by exercising wisdom. Thus sublimated the six elements mentioned heretofore will give rise to peace and nothing but peace shall prevail.

The vedic dharma lays great emphasis of purification of body and mind leading to purification of soul. The concept of five Indriyas and their rightful use or the misuse leads to peace of mind or causes unrest in mind. It is the wisdom of individual that helps in guiding the Indriyas to remain on the right path. The five Indriyas are ---- eyes, ears, nose, tongus, skin. The indriya and the manah are combine together to decide whether to act or not to act. Moral of the mantera that donot allow the thought of our word depression to make a dent in your otherwise healthy personality, depression damages the psychology side of an individual's personality and ata times it is irreparable.

<sup>&</sup>lt;sup>1</sup>Athervaveda 19/9/5

### 'VEDA-VIDYA' A Refereed Research Journal

Let us all keep the very thought of depression at arm;s length and never allow it to cross the proverbial LakshmanRekha which protects a healthy mind in a healthy body through vedics precepts and practices. Let each man or woman draw his or her own dividing lines. On their inner side of the dividing line lie health, happiness and high morale leading to longevity. On the other side of depression, disease and death. In the Ved mantra and at the end of the yajna is for peace, health, and happiness, and be powerful, and hopeful and there will be no sorrow or grief or depression. –

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समानी व आक्रीतः समाना हृदयानि वः।
समानमस्तु वो मनो यथी वः सुसहासति॥²
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And also -

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सुमानो मन<u>्त्रः</u> समितिः समानी समानं मनः सुह चित्तमेषाम्।
सुमानं मन्त्रमभि मन्त्रये वः समानेनं वो हविषां जुहोमि॥<sup>3</sup>
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In the ved mantra the prayer is for 100 years life where the human being remains in command of all his mental and physical faculties till his last breath. The mantra is that –

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पश्येम श्रारदः श्रातम् जीवेम श्रारदः श्रातम् ।
बुध्येम श्रारदः श्रातम् रोहेम श्रारदः श्रातम् ।
पूषेम श्रारदः श्रातम् भवेम श्रारदः श्रातम् ।
भूयेम शरदः शतम् भूयेसी शरदः शतम् ।
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The mantra means: May I have a logical perception for 100 years, may I leave for 100 years, may I hear for 100 years, may I consciously speak for 100 years and above all my I remain independent in body, mind and spirit throughout my 100 years long life.May a life like this cross the 100 years barrier and keep going on and on.

One may wonder whether it is possible to put into practice what one prays for in this Ved mantra. Of course , it is. One has to make a conscious effort to achive the aim. Even in the present day world there are many men and women who have lived for more than 100 years and have a led a happy & healthy life.

<sup>&</sup>lt;sup>2</sup>Rigveda 10/191/4

<sup>&</sup>lt;sup>3</sup>Rigveda 10/101/3

<sup>&</sup>lt;sup>4</sup>Atherveda 19/67/1-8

## We have a global peace. Then here is a Question arise – what is global peace?

Global peace may be defined as a state of wellbeing of the universe which can be experienced through a very good co-existence and mutual understanding among different nation of the world.

It is now time we examined afresh the main causes of problems like fighting, depression, destruction ,etc. Over a period of time it has acquired force of tradition to say aloud Aum Shanti ShantiShanti and the global vision of unity through a powerful message "VasudhaivaKutmbakam". Or the whole world is just llike a big family where all people are considered as the children of divine father parmatma in the form of one mother earth with out any discrimination and enemity between them on the basic of caste , religion, and language etc. To practice this spiritual way of peaceful life they have taught the ethics of unity among all human beings through fellow-felling and brotherhood so they say---

सं गेच्छध्वं सं वदध्वं सं वो मर्नांसि जानताम्। देवा भागं यथा पूर्वे सञ्जानाना उपासंते ॥<sup>5</sup>

#### The meaning The meaning of the mantra is that -

- Oh mankind , all of you must go ahead in performing your daily duities mutually for the development of self and the society.
- 2 Discuss mutually about any problem with an attitude of social wellbeing and conducive adjustment.

was the sun , moon and the others perform their duties sincerely and regularly without any break.

Here mutual understanding between all individuals with a sense of unity is the most important technique of preventing social problem and terrorism., because if the terrorist group and government leaders can understand mutually the problem and suffering of unprivileged people of the society then they can find out any effective solution which will prevent terrorism and will create a friendly atmosphere to lead a peaceful life. Mutual understanding is possible only when there will be unity between various groups of people in the society. But todays people are selfish, they cannot understand the value of unity, some

<sup>&</sup>lt;sup>5</sup>Rigveda 10/191/2

people are under depression, some people are always needy then how can they understand the meaning of mutual understanding?

For awareness in this modern time or society it is must that we should have knowledge of Vedas because it is the source of peace.. Indian sages had tried to create a sense of security and peaceful life with health and happiness . In one Vedic mantra vedic rishi is praying--- "Oh God let us not to be afraid. And –

# शं नो भगः शर्मु नः शंसी अस्तु शं नः पुरंधिः शर्मु सन्तु रायः। शं नः सत्यस्य सुयर्मस्य शंसः शं नो अर्थमा पुरुजातो अस्तु॥

The sense of fearless can be developed through a sense of unity among the members of the society. As regards the guiding source of unity among the people of the world , concerned experienced scholars are the opinion that spiritual values of human being like love, kindness , fellow-felling, sacrifice etc can act as a binding force for peaceful co-existence of all individuals.. All these values are helpful to keep our mind and society sound.

The vision of friendship is more important to create peace and prosperity in the society. It has been considered as one of the effective power, which enables everybody to solve some social problem through mutual understanding. Moreover friendly attitude may also help in developing a sense of security in the mind of all members of the society. In the regard vedic rishi used to this mantras—

# हते ह छ है मा मित्रस्यं मा चक्षुंषा सर्वाणि भूतानि समीक्षन्ताम् । मित्रस्याहं चक्षुंषा सर्वाणि भूतानि समीक्षे मित्रस्य चक्षुंषा समीक्षामहे ॥

The vedic rishi says here that "Let me see all living beings with a friendly vision. Let us see each other in the society with friendly eyes." With an aim of bringing everything in favour of the social growth, vedic rishi suggest peaceful wave through their message as follow ----

शं नों अग्निज्योंतिरनीको अस्तु शं नों मित्रावर्रुणाविश्वना शम् । शं नः सुकृतां सुकृतानि सन्तु शं ने इषिरो अभि वातु वातः ॥

<sup>&</sup>lt;sup>6</sup>Athervaveda 19/10/02

<sup>&</sup>lt;sup>7</sup>Yajurveda 36/18

<sup>&</sup>lt;sup>8</sup>Rigveda 7/35/04

In this mantra vedic rishi prays that Fire God to make the surroundings of the society peaceful. So here they say "Oh all protector God Let the leaders of our society be powerful and founders of peace just like the Fire which can march ahead with upward flame . Let all kinds of air be peaceful or free from pollution. For whole environment and world for peace the vedic rishi again pray on all occasions –

"पृथिवी शान्तिर्न्तरिक्षं शान्तिर्यौः शान्तिरापः शान्तिरोषधयः शान्तिर्वनस्पतेयः शान्तिर्विश्वे मे देवाः शान्तिः सर्वे मे देवाः शान्तिः शान्तिः शान्तिः शान्ति।

ताभिः शान्तिभिः सर्व शान्तिभिः शर्मयामोऽहं यदिह क्रूरं यदिह पापं तच्छान्तं तच्छिवं सर्वमेव शर्मस्तु नः ॥ $^{9}$ 

The meaning of this mantra is that The celestial bodies in the firmament exit in harmony, harmony permeates space, earth waters herbs and foliage, bounties of nature, divine knowledge, one and all around: harmony and harmony: O god may that harmony be a part of our life. Indeed this ved mantra is divine and made for humans. The peaceniks and environmentalists will find here whatever they wish for. Mind is the man. It is the mind that man finds both shanti and Ashanti ,leading to heaven or hell. The ved mantra beckons and leads the way. If man follow the vedic path he will get perfect peace and that will be global peace.

शं ने पुर्जन्यों भवतु प्रजाभ्यः शं नः क्षेत्रेस्य पतिरस्तु शुंभुः।<sup>10</sup>

Athervaveda also says that -

शं नो द्यावापृथिवी पूर्वहूंतौ शमन्तरिक्षं दृशये नो अस्तु। शं न ओषंधीर्वनिनों भवन्तु शं नो रर्जसस्पातिरस्तु जिष्णुः ॥<sup>11</sup>

Moreover the vision of unity and friendship cherished among all members can be developed by practicing a vedic mantra which says that All-prevending God exists in the heart of all human beings and all other living beings —

सहस्र्वशीर्षो पुरुषः सहस्राक्षः सहस्र्वपात् । स भूमिं विश्वतों वृत्वात्यतिष्ठदशाङ्गुलम् ॥<sup>12</sup>

<sup>&</sup>lt;sup>9</sup>Athervaveda 19/9/14

<sup>&</sup>lt;sup>10</sup>Rigveda 7/35/10

<sup>&</sup>lt;sup>11</sup>Athervaveda 19/10/5

<sup>&</sup>lt;sup>12</sup>Rigveda 10/90/1

When every individual can realize the presence of the same God in the hearts of all members of the society or concerned organization where they are the members , then everybody can be encouraged to serve each other , sympathy , kindness and moral value is formost for human life, they have feeling of brotherhood which opens the door of global peace and tranquility. This universal peace can act as a divine medicine to repel the darkness of negative forces like discrimination, depression, enemity, jealously and terrorism etc. The Vedic mantra 's melody will make your mood melodious. The shanti – path has the Vedic charm to bring you back from Hara-kiri path and put you on the path to prosperity of body , mind, and spirit .

The purpose of this research paper is that we sholud go back to knowledge of Vedas. Unfortunately we have forgotten the vedic view of life. The need of 12st century is to stop to made game of antagonizing and destroying nature and to befriend it once again. Lets us all share its resources and boon uniformly , justly and equally. This is truuw way of peace , progress, and prosperity. Peace and prosperity can not be brought by raising slogans , we must have knowledge of Vedas ,or we should know the real meaning of Vedas., then it will possible to change the heart of people with a sound philosophy and a sound education. Peace can be built only on the solid foundation of a vision of brotherhood, good will, mutual understanding and cooperation and it can found in Vedas.

Dr. James Kejins wrote about this ---" On that vedic ideal alone, with its inclusiveness which absorbs and annihilates the causes of antagonisms, its sympathy which wins hatred away from itself, is it possible to rear a new earth in the image and likeness of the Eternal beawens

So it is clear that vedic hymns confirm in the impression that the Aryan moral code, as mirrored in the Rigveda , bore on the whole , a singularly puae and elevated character.

I end this paper with Upanishad's sentences ---" Uttitstha jagrat prapya varannibodhata."

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